



Get to know **PrOKEDI**[®]

Your guide to learn about your medicine

This guide is for people living with schizophrenia who have been prescribed PrOKEDI[®] or their support team. It was written to help you get the most out of your treatment. This guide also explains how OKEDI works, possible side effects and how it should be taken.

You've been prescribed OKEDI

What is OKEDI used for?

- OKEDI is used in adults to treat symptoms of schizophrenia.
- OKEDI contains risperidone extended-release suspension for intramuscular injection.

How does OKEDI work?

- OKEDI belongs to a group of medicines called **antipsychotic** drugs.
- Antipsychotic medications affect dopamine and serotonin (chemicals found in the brain) that allow for the communication between your nerve cells.
- OKEDI doesn't cure schizophrenia, but can help control symptoms if taken as prescribed.

Exactly how this medication works is not known. However, it seems that OKEDI corrects the balance of dopamine and serotonin in your body.

How is OKEDI given?



- OKEDI is a long-acting medicine.
- It will be given to you **once every 4 weeks**:
 - by your healthcare professional
 - as an injection into your muscle (intramuscularly) located on the uppermost part of your arm, or in the upper outer side of your buttocks (do not rub or massage the injection site after receiving your injection)



What's the usual dose of OKEDI?

- OKEDI may be started at a dose of **75 mg or 100 mg once every 4 weeks**.
- To avoid a delayed dose, your healthcare professional may give you your next dose up to 3 days prior to your 4-week appointment.
- If you miss your injection appointment, contact your healthcare professional right away to let them know.



Lifestyle tips for your wellness



Keep a positive attitude.

Stay active, and exercise
to help manage stress
and keep your body moving.

Talk to your healthcare
professional before starting
an exercise regimen.

Stay on track with
your treatment plan.

Stay connected to your
friends and family.

Treatment team information

Other

Name:

Office phone:

Mobile:

Address:

My treatment plan schedule

Check-in questions

For you

Express yourself, use emojis, let the words flow, and track your moods and symptoms.



How was my day today? How did I feel?

What symptoms did I experience today?

Did I notice any trigger(s) for these symptoms?

What actions did I do to help alleviate my symptoms?

Did the actions I took work?

For your loved one

Describe any positive, negative, or cognitive symptoms you observed.

What activities did your loved one do today?

What changes in behaviour or mood did you notice in them?

Reflect on the day's challenges and successes.

What about your goals for tomorrow or your personal feelings?

Some Canadian resources you may find helpful



Schizophrenia Society
of Canada

<https://schizophrenia.ca/schizophrenia-society-of-canada-foundation/>



Government
of Canada

Government of Canada –
Schizophrenia

<https://www.canada.ca/en/public-health/services/about-mental-illness/schizophrenia.html>



Canadian Mental
Health Association

Canadian Mental Health
Association

<https://cmha.ca/>



Important information to know before you start on OKEDI

You should not take OKEDI if:

- you are allergic to risperidone, paliperidone, or to any other ingredients in OKEDI

Talk to your healthcare professional about any health conditions or problems you may have, including if you:

- are taking or planning to take any other medication.
- have had serious allergic reactions to other medications, including oral risperidone or oral paliperidone.
- have a history of heart problems.
- are being treated for high blood pressure (hypertension).
- are prone to low blood pressure (hypotension) or feeling dizzy or faint when you stand up from lying or sitting positions.
- have a history of stroke, mini-strokes, high cholesterol or fats (triglycerides). Medicines like OKEDI can raise the risk of stroke in elderly people who have dementia.
- have Parkinson's disease or dementia with Lewy bodies (DLB) or Alzheimer's disease.
- have or have had low white blood cell counts in your blood.
- have or are at risk for diabetes or high blood sugar.
- have or are at risk of aspiration pneumonia (a type of infection in the lungs).
- have or have had breast cancer.
- have pituitary gland tumours.
- have or have ever had blackouts or seizures.

- have or have had a prolonged and/or painful erection.
- exercise strenuously. Avoid becoming overheated or dehydrated while taking OKEDI.
- are feeling thirsty and unwell.
- have a history of kidney or liver problems.
- have a history of suicide attempt.
- drink alcoholic beverages or use drugs.
- have, have a history of, or are at risk of:
 - sleep apnea, sleep walking, sleep-related eating disorder.
- are at risk for developing blood clots.
- are planning to have an operation on the eye(s), such as cataract surgery.
- are pregnant, think you may be pregnant or are planning to become pregnant.
- are breast-feeding or planning to breast-feed.
- Skin rash
- Dystonia
- Bruise easily, excessive bleeding
- Catatonia: unable to move or respond while awake

Serious warnings and precautions

Increased risk of death in elderly people with dementia. OKEDI is not approved for use in patients with dementia.

Other warnings you should know about

Elderly Patients with Dementia:

Tell your healthcare professional if you are taking furosemide.

Driving and using machines:

Do not drive or operate machinery until you know how you respond to OKEDI.

Weight gain:

Weight gain has been seen in patients taking antipsychotic medicines.

Blood tests:

Your healthcare professional should do blood tests before you start taking OKEDI.

Fall:

Feeling sleepy, or experience vision and speech problems.

Dysphagia:

Difficulty swallowing food.

The following serious or life-threatening side effects have been reported with the use of risperidone:

- Neuroleptic malignant syndrome
- Severe skin reactions
- Tardive dyskinesia
- Increased levels of prolactin

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements, or alternative medicines.

Some medicines may increase or decrease the amount of risperidone in your blood. If you take other medicines with OKEDI, your healthcare professional may need to change your dose.

Avoid alcohol and only take medications prescribed by your healthcare professional. Since OKEDI works primarily in the brain, interference with other medicines that also work in the brain could occur.

What are possible side effects from using OKEDI?

Side effects with OKEDI may include:

- weight gain, increased appetite
- nausea
- heartburn, indigestion, stomach ache, vomiting
- drooling
- constipation or diarrhea
- feeling sleepy or trouble sleeping (insomnia), abnormal dreams
- lack of energy, fatigue
- back pain
- headache
- dizziness
- high blood pressure
- restlessness or difficulty staying still
- uncontrollable movements of the face or body, rigid muscles
- forceful muscle contraction of the face, jaw and/or tongue
- depression
- anxiety
- muscle pain or stiffness
- pain, redness or swelling at the injection site
- bronchitis (inflammation of the airways leading up to the lungs)
- common cold symptoms such as runny or stuffy nose, or sore throat
- sinus infection
- slowness of movement
- eye irritation
- mania
- irritability
- trembling
- fast, slow or irregular heartbeat
- drop in blood pressure upon standing
- dry mouth
- itching
- bladder infection

Uncommon symptoms or side effects

Stop taking OKEDI and get immediate help if you experience the following:

- Seizure
- Severe allergic reactions
- Pancreatitis
- Jaundice
- Rhabdomyolysis
- A state of confusion, reduced consciousness, high fever, or pronounced muscle stiffness
- Leukopenia/Neutropenia

For a list of serious side effects and what to do about them, please see the patient medication leaflet that came with your medication.



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OKE-09-2025-M000001-E

